

Is your child Ready for school?

All children
learn at
different
rates, this
is just a
guide



I can open my packed lunch and
use a knife, fork and spoon

Eating

I enjoy stories, nursery
rhymes and conversations

I can talk in sentences
and people can
understand me

Speech and Language

I can dress and
undress myself

Self care

I wear pants to school
and I know when I
need the toilet

Switch electrical devices
off 1 hour before bed

Sleep

Good bedtime routine

4-6 year
old
children
need
10.5-11.5
hours of
sleep a
night

Telephone Advice Service: 01905 520032