

## **PSHE at Eldersfield Lawn 2025-26**

**Autumn Term 1 2025      'Being Me in My World'**

### **Class 1**

| <b>Weekly Celebration</b>                                          | <b>Pieces</b>              | <b>Learning Intentions</b>                                                                               |
|--------------------------------------------------------------------|----------------------------|----------------------------------------------------------------------------------------------------------|
| <b>Help others to feel welcome</b>                                 | 1. Who... Me?!             | I understand how it feels to belong and that we are similar and different.                               |
| <b>Try to make our Nursery/Pre-school community a better place</b> | 2. How am I feeling today? | I can start to recognise and manage my feelings.                                                         |
| <b>Think about everyone's right to learn</b>                       | 3. Being at School         | I enjoy working with others to make school a good place to be.                                           |
| <b>Care about other people's feelings</b>                          | 4. Gentle hands            | I understand why it is good to be kind and use gentle hands.                                             |
| <b>Work well with others</b>                                       | 5. Our Rights              | I am starting to understand children's rights and this means we should all be allowed to learn and play. |
| <b>Choose to follow the Learning Charter</b>                       | 6. Our responsibilities    | I am learning what being responsible means.                                                              |

### **Questions for Family Learning**

What does it feel like to belong?

What's special about you?

How do people show they are happy or sad?

What sort of things can you do to be kind?

How do you play nicely with other children?

How are you different from someone else (e.g.

Mummy, Daddy, brother, sister, a friend?

What are the Jigsaw Friends in your class called?

How are the Jigsaw Friends used in your PSHE lessons?

Can you tell me about Calm Me time?